



BLACK CHICK PEAS 2KG



Bring home health and tradition with **Swastik Black Chickpeas 2KG** – also known

as *Kala Chana*, a powerhouse of protein, fiber, and essential nutrients. Sourced from quality farms and hygienically packed, this bulk pack is ideal for families and regular use in wholesome Indian meals.

Swastik Black Chickpeas (Kala Chana) 2KG - High-Protein, Fiber-Rich Legume for Daily Nutrition

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□ Key Features:

- **100% Pure & Natural Kala Chana** - Unpolished and chemical-free
- **Excellent Source of Plant Protein & Fiber**
- **Rich in Iron, Calcium & Minerals** - Supports energy & immunity
- **Low Glycemic Index** - Suitable for diabetic-friendly diets
- **Bulk Family Pack** - Economical & perfect for daily cooking

□ Health Benefits:

- Boosts energy and aids muscle development

- Supports digestion and weight control
- Helps regulate blood sugar levels
- Keeps you full and satisfied longer

□ Usage Tips:

- Soak overnight for curries, dry snacks, or chaats
- Sprout for high-nutrition salads or fasting recipes
- Combine with spices for a delicious protein-rich meal

□ Pack Size: 2 Kilograms

□ Brand: Swastik

Stock your pantry with **Swastik Black Chickpeas 2KG** - the healthy, versatile, and economical legume every kitchen needs.

Categories: Lentile