

## Black Chick Peas 5kg x 4





### **Product Description**

Fuel your family's health with **Swastik Black Chickpeas 5KG**, also known as *Kala Chana*. These naturally grown, nutrient-dense legumes are a rich source of plant-based protein, fiber, iron, and essential minerals. Ideal for everyday cooking, large families, or food services, this 5KG bulk pack offers excellent quality and value.

# Swastik Black Chickpeas (Kala Chana) 5KG - Bulk Pack of Protein-Rich Indian Superfood

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### ☐ Key Features:

- 100% Natural & Unpolished Black Chickpeas
- High in Protein & Dietary Fiber Supports muscle & gut health
- Rich in Iron, Magnesium & Calcium Great for energy & immunity
- Low Glycemic Index Suitable for diabetics & fitness diets
- Bulk Family Pack (5KG) Cost-effective & long-lasting



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- Helps in weight management and digestion
- Boosts energy and keeps you full longer
- Aids in controlling blood sugar levels
- Great source of plant-based nutrition for vegetarians and vegans

#### ☐ Usage Ideas:

- Prepare in traditional Indian curries, dry sabzis, and chaats
- Soak and sprout for added nutritional value
- Use in fasting (upvas) dishes or as healthy snacks

□ Pack Size: 5 Kilograms

☐ Brand: Swastik

Choose **Swastik Black Chickpeas 5KG** – the trusted kitchen essential for large households, bulk buyers, or anyone seeking natural nutrition in every bite.

Categories: Lentile