

Black Eye Beans 1kg





Product Description

Add natural goodness to your meals with **Swastik Black Eye Beans 1KG**, also known as *Lobia* or *Chawli*. These nutritious legumes are rich in plant-based protein, fiber, iron, and essential vitamins – perfect for daily cooking, healthy diets, and traditional Indian recipes.

Swastik Black Eye Beans 1KG - Wholesome Protein-Rich Legume for Balanced Nutrition

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- 100% Natural & Unpolished Black Eye Beans
- High in Protein & Dietary Fiber Supports muscle health and digestion
- Rich in Iron, Folate & Magnesium Promotes energy & immunity
- Low in Fat & Cholesterol-Free Great for weight-conscious diets
- Hygienically Packed for Freshness & Purity

☐ Health Benefits:

• Boosts energy and supports heart health



Categories: Lentile

• Aids digestion and helps manage weight • Suitable for diabetic and vegetarian diets • Keeps you full and energized for longer ☐ Usage Ideas: • Use in Indian-style curries, stews, and dal • Add to salads, soups, or rice dishes • Great for meal prep and high-protein diets □ Pack Size: 1 Kilogram ☐ Brand: Swastik Choose Swastik Black Eye Beans 1KG - the nutritious and versatile legume that fits every healthy kitchen.