

BLACK EYE BEANS 2KG



Bring home the goodness of **Swastik Black Eye Beans 2KG**, also known as *Lobia*

or *Chawli* – a wholesome, plant-based superfood ideal for balanced, nutritious meals. Packed with protein, fiber, and essential minerals, this 2KG bulk pack is perfect for families, meal prepping, or food businesses.

Swastik Black Eye Beans (Lobia) 2KG - High-Protein, Fiber-Rich Legume for Everyday Cooking

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□ Key Features:

- **100% Natural & Unpolished Lobia (Black Eye Beans)**
- **High in Plant Protein & Fiber** – Supports digestion & sustained energy
- **Rich in Iron, Folate & Magnesium** – Promotes immunity & heart health
- **Low Fat & Cholesterol-Free** – Suitable for weight-loss & diabetic diets
- **Economical 2KG Bulk Pack** – Ideal for regular home or commercial use

□ Health Benefits:

- Aids in digestion and weight management

- Helps maintain healthy blood sugar levels
- Provides long-lasting energy for an active lifestyle
- Excellent source of nutrition for vegetarians & vegans

□ How to Use:

- Prepare delicious lobia curry or chawli sabzi
- Add to salads, stews, or one-pot meals
- Use in meal preps, soups, or tiffin recipes

□ Pack Size: 2 Kilograms

□ Brand: Swastik

Stock your pantry with **Swastik Black Eye Beans 2KG** - a clean, nutritious, and versatile legume loved in every Indian kitchen.

Categories: Lentile