



CHANA DAL 2KG



Stock your kitchen with **Swastik Chana Dal 2KG**, a premium-quality, unpolished split Bengal gram loved in Indian households for its flavor, nutrition, and versatility.



High in protein, fiber, and essential minerals, this 2KG bulk pack is ideal for regular home cooking, meal prep, and large families.

Swastik Chana Dal 2KG - Protein-Rich Split Bengal Gram for Nutritious Indian Meals

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□ Key Features:

- **100% Natural & Unpolished Chana Dal** – No chemicals or polish
- **High in Plant-Based Protein & Fiber** – Great for strength and digestion
- **Rich in Iron, Magnesium & B Vitamins** – Supports energy and immunity
- **Low Fat & Cholesterol-Free** – Suitable for heart-healthy diets
- **Bulk Family Pack (2KG)** – Cost-effective and long-lasting

□ Health Benefits:

- Aids in weight management and improves satiety
- Supports digestive health and blood sugar control



- Perfect for vegetarian, diabetic, and fitness-focused diets
- Provides clean, sustained energy for daily needs

□ **Popular Uses:**

- Prepare traditional **Dal Tadka**, **Dal Fry**, or **Sambar**
- Use in **pakor**s, **snacks**, or **Bengali-style curries**
- Ideal for **khichdi**, **chutneys**, or **soups**

□ **Pack Size: 2 Kilograms**

□ **Brand: Swastik**

Choose **Swastik Chana Dal 2KG** – the clean, fresh, and nutritious choice trusted by Indian kitchens for everyday meals.

Categories: Lentile