

CHANA DAL 5KG



Upgrade your pantry with **Swastik Chana Dal 5KG**, made from high-quality desi chickpeas and hygienically processed for purity and freshness. This unpolished, protein-rich split Bengal gram is a staple in Indian cooking — ideal for dals, curries, snacks, and bulk meal preparation. Perfect for large households, community kitchens, and food businesses.

Swastik Chana Dal 5KG - Bulk Pack of Premium Split Bengal Gram for Family Kitchens & Food Services

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□ **Key Features:**

- **100% Natural & Unpolished Chana Dal**
- **High Protein & Dietary Fiber** – Supports muscle strength and digestion
- **Rich in Iron, Magnesium & B Vitamins** – Boosts immunity and energy
- **Low Fat & Cholesterol-Free** – A heart-healthy, diabetes-friendly option
- **Bulk Value Pack (5KG)** – Long shelf life and cost-effective

□ **Health Benefits:**

- Promotes fullness and weight management
- Supports heart health and lowers bad cholesterol
- Aids in controlling blood sugar levels
- Excellent source of vegetarian nutrition

□ **Usage Ideas:**

- Cook traditional **Dal Fry, Tadka Dal, or Sambar**



- Make crispy **Chana Dal Namkeen** or **Pakor**as
- Blend into **chutneys**, **stuffings**, or **khichdi**

□ **Pack Size: 5 Kilograms**

□ **Brand: Swastik**

Choose **Swastik Chana Dal 5KG** – the ideal bulk kitchen essential for flavorful meals, everyday nutrition, and reliable quality.

Categories: Lentile