



CHARMAGAZ 500GM



Enjoy the nutritional richness of **Swastik Roasted Charmagaz**, a premium mix of four super seeds - **melon seeds, pumpkin seeds, cucumber seeds, and**



**watermelon seeds** – expertly roasted to bring out their nutty flavor and crunch. Known for their health benefits, **charmagan seeds** are traditionally used in sweets, gravies, milkshakes, or eaten as a healthy snack.

Enjoy the nutritional richness of **Swastik Roasted Charmagan**, a premium mix of four super seeds – **melon seeds, pumpkin seeds, cucumber seeds, and watermelon seeds** – expertly roasted to bring out their nutty flavor and crunch. Known for their health benefits, **charmagan seeds** are traditionally used in sweets, gravies, milkshakes, or eaten as a healthy snack.

This **500g pack** offers a perfect blend of **protein, healthy fats, and essential minerals**, making it ideal for daily nutrition and festive recipes.

#### **Key Features:**

- ☐ Premium Blend of Melon, Pumpkin, Cucumber & Watermelon Seeds
- ☐ Dry-Roasted for Enhanced Taste & Digestibility
- ☐ Rich in Protein, Fiber, Iron & Healthy Fats
- ☐ Ideal for Halwas, Gravies, Laddoos & Snacking
- ☐ Hygienically Packed – No Preservatives or Additives

**Categories:** Whole Spices