



DARK KIDNEY BEANS 1KG



Bring home the authentic taste of North Indian cuisine with **Swastik Dark Kidney Beans 1KG**. Also known as *Lal Rajma*, these deep red, protein-packed legumes are



a staple in Indian households. Known for their firm texture and rich flavor, they are perfect for making thick, comforting curries like *Rajma Chawal*.

### **Swastik Dark Kidney Beans 1KG - Premium Rajma (Lal Rajma) for Rich & Hearty Indian Meals**

Bring home the authentic taste of North Indian cuisine with **Swastik Dark Kidney Beans 1KG**. Also known as *Lal Rajma*, these deep red, protein-packed legumes are a staple in Indian households. Known for their firm texture and rich flavor, they are perfect for making thick, comforting curries like *Rajma Chawal*.

#### □ **Key Features:**

- **Premium Quality Dark Red Kidney Beans (Lal Rajma)**
- **High in Protein & Fiber** – Supports muscle health & digestion
- **Naturally Grown & Unpolished** – No chemicals or additives
- **Firm Texture, Bold Taste** – Ideal for slow-cooked Indian gravies
- **Hygienically Packed for Long Shelf Life**

#### □ **Health Benefits:**

- Aids in weight management and digestive wellness
- Supports heart health and blood sugar balance



- Excellent vegetarian protein source
- Keeps you fuller for longer – great for energy & stamina

### ☐ **Usage Ideas:**

- Make traditional **Punjabi Rajma Masala** with basmati rice
- Add to **soups, Mexican chili, or protein-rich salads**
- Perfect for meal prep and high-protein vegetarian diets

### ☐ **Pack Size: 1 Kilogram**

### ☐ **Brand: Swastik**

Choose **Swastik Dark Kidney Beans 1KG** – your go-to rajma for bold flavor, rich nutrition, and authentic Indian home-style meals.

**Categories:** Lentile