

DRY DATES 200GM



Enjoy the traditional goodness of **Swastik Dry Dates**, made from **premium quality sun-dried whole dates** that are packed with **natural sweetness, iron,**



calcium, and antioxidants. Known for their energizing and digestive properties, dry dates are a perfect addition to your daily diet – whether consumed as a **healthy snack**, added to **desserts, laddoos, or Ayurvedic remedies**.

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This **200g pack** is ideal for small households or daily consumption.

Key Features:

- ☐ 100% Natural Sun-Dried Dates – No Sugar or Additives
- ☐ Rich in Iron, Calcium, and Dietary Fiber
- ☐ Supports Immunity, Energy & Digestion
- ☐ Great for Snacking, Sweets, Fasting & Herbal Use
- ☐ Hygienically Cleaned & Packed for Long Shelf Life

Categories: Dry Fruit