

## DRY WHOLE GINGER 200GM



Discover the warm, earthy flavor of **Swastik Dry Ginger Whole 200GM**, made

from carefully selected mature ginger roots that are sun-dried to perfection. Also known as **Sukha Adrak**, this natural spice is widely used in Indian cuisine, Ayurvedic remedies, and herbal teas. Its strong aroma and pungent taste make it ideal for flavoring curries, spice blends, and home remedies.

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#### **Key Features:**

- 100% natural whole dry ginger (Sukha Adrak)
- Rich in aroma, flavor, and health benefits
- Used in cooking, teas, and Ayurvedic medicines
- No preservatives, artificial colors, or additives
- Hygienically cleaned and packed for long-lasting freshness

#### **Health Benefits:**

- Supports digestion and immunity
- Relieves cold, cough, and sore throat

- Natural anti-inflammatory and antioxidant

**Categories:** Herbal Spices, Whole Spices