



HIMEJ SMALL 100GM



□ **Prakrutik Himej Small 100gm**

is made from premium-quality **Small Himej (Small Haritaki)**, also known as **Harad, Haritaki, and Terminalia Chebula**. Traditionally used in Ayurveda, this herbal product is ideal for supporting your daily wellness routine and can be enjoyed with warm water, honey, or herbal preparations.

- 100% Pure Small Haritaki
- No Artificial Colours or Preservatives
- Gluten Free & 100% Vegetarian
- Ideal for Daily Ayurvedic Wellness
- Convenient 100gm Reusable Jar

□ **Pack Size:** 100gm Jar

□ **Storage:** Store in a cool, dry place away from direct sunlight and keep the lid tightly closed after every use.

□ **Embrace the natural goodness of Prakrutik Himej Small as part of your daily wellness journey!**

□ **Prakrutik Himej Small 100gm**

(Small Haritaki | Small Harad | Terminalia Chebula)

□ **Product Description**

Experience the natural goodness of **Prakrutik Himej Small**, made from carefully selected **Small Himej (Small Haritaki)** fruits, scientifically known as **Terminalia chebula**. Also known as **Harad** (Hindi), **Haritaki** (Sanskrit), and **Chebolic Myrobalan**, this traditional Ayurvedic herb has been used for centuries to support overall wellness. It can be mixed with warm water, herbal teas, or incorporated into

your daily health routine.

Packed in a **100gm reusable jar**, Prakrutik Himej Small is hygienically processed to preserve its natural quality, purity, and freshness.

□ Key Features

- Made from 100% Premium Small Himej (Small Haritaki)
- Also known as **Harad**, **Haritaki**, and **Terminalia Chebula**
- Easy to mix into your daily wellness routine
- No Artificial Colours, Flavours or Preservatives
- Gluten Free
- 100% Vegetarian
- Hygienically packed to maintain freshness
- Ideal for traditional Ayurvedic wellness practices

□ Health Benefits

- Traditionally used in Ayurveda to support overall wellbeing.
- May help support healthy digestion as part of a balanced diet.
- Naturally contains antioxidants that help protect cells from oxidative stress.
- Traditionally valued for digestive comfort and regularity.
- A key herbal ingredient commonly used in Ayurvedic formulations.
- Supports a healthy lifestyle when enjoyed as part of a balanced diet.

Note: This product is not intended to diagnose, treat, cure, or prevent any disease. If you are pregnant, breastfeeding, have a medical condition, or are taking medication, consult your healthcare professional before use.

□ Packaging Information

- **Brand:** Prakrutik
- **Product:** Himej Small
- **Net Weight:** 100gm
- **Pack Type:** Premium Food-Grade Reusable Plastic Jar
- **Closure:** Secure Screw Cap to maintain freshness
- **Shelf Life:** 24 Months

□ **Storage:** Store in a cool, dry place away from direct sunlight. Keep the lid tightly closed after every use.

□ Perfect For

- □ Herbal Tea
- □ Warm Water
- □ Mixing with Honey
- □ Ayurvedic Herbal Preparations
- □ Daily Wellness Routines
- ♥ Why Choose Prakrutik Himej Small?

♥ Why Choose Prakrutik Himej Small?

- Made from premium-quality Small Haritaki
- Traditional Ayurvedic herb trusted for generations
- Pure and natural
- No artificial additives or preservatives
- Convenient 100gm reusable jar for lasting freshness



□ **Prakrutik Himej Small - Traditional Ayurvedic Goodness for Everyday Wellness!**

Categories: Whole Spices