



JEERA KHAKHARA 400GM

A stack of several round, golden-brown Jeera Khakhra (cumin crackers) is presented on a dark brown, textured ceramic plate. The crackers are slightly irregular in shape and have a visible texture of small seeds. In the background, two small metal bowls are visible: one containing a dark, chunky mixture, likely a chutney or dip, and another containing a pile of whole cumin seeds. The overall lighting is warm and focused on the product.

SWASTIK BRAND
**JEERA
KHA KHARA**



□ **Swastik Brand Jeera Khakhra**

Crisp. Aromatic. Digestive.

Swastik Jeera Khakhra is a flavorful fusion of roasted whole wheat and cumin seeds, crafted to deliver both taste and wellness in every bite. Ideal for tea-time, travel, or daily snacking, it's a crunchy companion that supports digestion and satisfies cravings.

□ **Key Features**

- **Authentic Jeera Infusion** – rich cumin flavor that's earthy, warm, and naturally aromatic
- **Hand-Roasted Perfection** – slow-roasted for crisp texture and long shelf life
- **Made with Whole Wheat** – high in fiber, supports gut health and satiety
- **Zero Cholesterol & Low Fat** – heart-friendly and guilt-free
- **No Artificial Flavors or Preservatives** – clean label, pure taste
- **Travel & Tiffin Friendly** – hygienically packed for freshness on the go

□ **Health Benefits of Jeera (Cumin)**

- **Aids Digestion** – stimulates enzymes and reduces bloating
- **Boosts Immunity** – packed with antioxidants and iron
- **Regulates Blood Sugar** – helps maintain glucose levels naturally
- **Anti-inflammatory Properties** – supports joint and gut health
- **Improves Metabolism** – promotes better nutrient absorption

□ Pair it with chai or yogurt for a wholesome snack that's **rooted in tradition and backed by wellness.**



Categories: Khakhra & Phool Makhana