

## LAPSI FADA BIG 1KG



Introducing Swastik Wheat Fada (Large) Dalia, the wholesome choice for those who love a heartier, more substantial bite in their meals. This 1kg pack contains the largest granules of 100% pure broken wheat, carefully processed to retain the nutty flavor and chewy texture of whole wheat. Unlike its finer counterparts, large dalia is celebrated for its ability to hold its shape through longer cooking times, making it the ultimate ingredient for traditional, nourishing dishes like classic wheat dalia and fortifying porridges.

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## Key Features & Benefits

- **Heartier Texture & Bite:** The large, whole wheat granules provide a satisfying, chewy texture and a distinct nutty flavor that stands up well in slow-cooked dishes, offering a more authentic and rustic eating experience.
- **100% Natural & Unprocessed:** Made from carefully selected whole wheat grains with no added preservatives or artificial agents. It's pure, unrefined goodness, retaining the bran and germ for maximum nutrition.
- **Rich in Dietary Fiber & Nutrients:** An exceptional source of insoluble fiber, which promotes digestive health and regularity. Packed with essential vitamins, minerals, and plant-based protein for a balanced diet.
- **Slow-Release Energy:** The complex carbohydrates provide sustained energy, keeping you full and satisfied for hours, making it an excellent choice for a fulfilling breakfast or post-workout meal.
- **Ideal for Specific Recipes:** The grain size is specifically designed for dishes where a distinct texture is desired, such as traditional dalia, slow-cooked porridge, and even as a stuffing in parathas.
- **Convenient 1kg Pack:** The perfect size to explore the unique qualities of large dalia without commitment. Ideal for smaller households or those new to this variant.
- **Trust of Swastik:** A product from the house of Swastik, a brand trusted for generations for its commitment to quality and purity in every grain.



**Categories:** Swastik Flour Range