

LONG PEPPER 100GM SWASTIK



Discover the bold and earthy flavor of **Swastik Long Pepper 100GM**, also known

as *Pippali* – a time-honored spice used in Indian cooking and Ayurvedic remedies. Known for its distinctive aroma and sharp, spicy taste, long pepper adds depth to curries, chutneys, and herbal blends while offering powerful health benefits.

Swastik Long Pepper 100GM - Traditional Ayurvedic Spice for Taste & Wellness

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□ Key Features:

- **Premium Quality Whole Long Pepper (Pippali)**
- **Strong Aroma & Spicy Flavor** – Warmer than black pepper
- **100% Natural & Sun-Dried** – No additives or preservatives
- **Multipurpose Use** – Culinary spice + Ayurvedic ingredient
- **Hygienically Packed** – Ensures purity, flavor, and long shelf life

□ Health Benefits:

- Aids in digestion and respiratory wellness

- Boosts metabolism and immunity
- Traditionally used for cold, cough, and sore throat
- Enhances nutrient absorption and gut health

□ **Usage Tips:**

- Crush and use in curries, pickles, and masala powders
- Use in Ayurvedic *kadhas*, herbal teas, or home remedies
- Add to spice blends for deeper heat and aroma

□ **Pack Size: 100 Grams**

□ **Brand: Swastik**

Add warmth, spice, and wellness to your kitchen with **Swastik Long Pepper 100GM** – a must-have for traditional cooking and holistic health.

Categories: Whole Spices