

MAIZE POHA 500GMS



Swastik Maize Poha, also known as **Makai Poha or Corn Poha**, is made from

flattened **maize (corn) flakes**, offering a light, crunchy texture and naturally gluten-free nutrition. Popular in **Gujarati, Rajasthani, and Maharashtraian** cuisines, it's perfect for preparing **chevda, upma, snacks**, or even as a healthy breakfast base.

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Packed with **fiber, iron, and complex carbs**, this **500g pack** is ideal for creating both **traditional and modern fusion recipes**.

Key Features:

- 100% Pure Flattened Maize Flakes (Makai Poha)
- Gluten-Free, Fiber-Rich & Light on Digestion
- Ideal for Chevda, Upma, Snacks, & Health Mixes
- Crunchy Texture – Roasts Well Without Oil
- Hygienically Packed – No Preservatives or Additives

Categories: Murmura & Poha