

## METHI KHAKHRA 400GM



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## □ **Swastik Brand Methi Khakhra**

**Methi Khakhra** – a handmade, traditional Gujarati snack crafted with care. Crispy, aromatic, and wholesome, it blends the authentic taste of fenugreek (methi) with the crunch of roasted khakhra, making it perfect for everyday snacking.

### □ **Key Features**

- **Authentic Handmade Taste** – roasted on traditional tawas
- **Premium Quality** – hygienically packed to Australian standards
- **Value Pack** – economical 400g size for families
- **Versatile Snack** – pairs with tea, chutneys, pickles, or yogurt
- **Long Shelf Life** – travel-friendly and convenient

### □ **Benefits of Methi (Fenugreek)**

- Rich in **fiber & antioxidants** – supports digestion and metabolism
- Contains **iron & essential nutrients** – boosts energy and wellness
- Traditionally valued in Ayurveda for **blood sugar regulation**
- Adds a **distinct earthy flavour** that enhances the taste of khakhra

□ **Swastik Methi Khakhra** – a perfect balance of **taste, health, and tradition** in every bite.



**Categories:** Khakhra & Phool Makhana