

MORAIYO 1KG X 10





Product Description

Swastik Moraiyo, also known as Samo Rice or Barnyard Millet, is a naturally glutenfree grain widely used during fasting (vrat/upvas) seasons like Navratri, Ekadashi, and Mahashivratri. Light on the stomach yet rich in fiber, protein, and minerals, Moraiyo is perfect for preparing dishes like Moraiyo khichdi, upma, kheer, and pulao.

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This **1Kg pack** offers a healthy, clean, and hygienically packed grain ideal for **clean eating**, **fasting**, **and daily nutrition**.

Key Features:

- ☐ 100% Pure & Natural Moraiyo (Samo/Barnyard Millet)
- 🛘 Gluten-Free & Easy to Digest Perfect for Fasting
- $\bullet \ \square$ High in Fiber, Iron & Slow-Digesting Carbs
- $\bullet \ \square$ Ideal for Khichdi, Kheer, Pulao, and Upma
- $\bullet \ \square$ No Polish, Additives, or Preservatives Hygienically Packed

Categories: Lentile