

PHOOL MAKHANA 200GM



Snack healthy with **Swastik Roasted Phool Makhana**, made from **premium quality lotus seeds** that are **lightly roasted to crispy perfection** without added



oil or preservatives. Packed with **protein, calcium, fiber, and antioxidants**, makhana is a wholesome, low-calorie superfood ideal for **weight management, fasting, or everyday munching**.

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This **200g pack** is perfect for those looking for a tasty yet nutritious on-the-go snack.

#### **Key Features:**

- ☐ 100% Natural & Roasted – Not Fried
- ☐ Rich in Protein, Calcium & Antioxidants
- ☐ Gluten-Free, Low-Fat & Ideal for Fasting
- ☐ Crunchy, Tasty & Easily Digestible
- ☐ Hygienically Packed – No Preservatives or Additives

**Categories:** Murmura & Poha