



SPLIT RED LENTILE 1KG



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and rich in essential nutrients—ideal for healthy, everyday Indian meals.

### **Swastik Red Split Lentils (Masoor Dal) - 1Kg Pack**

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#### **□ Key Features:**

- **High-quality Red Split Lentils (Masoor Dal)**
- **Unpolished and free from additives**
- **Excellent source of protein, iron, and fiber**
- **Cooks quickly - ideal for dal, soups, and curries**
- **Easy to digest and suitable for all age groups**

#### **□ Health Benefits:**

Swastik Red Split Lentils are **packed with plant-based protein**, making them a great choice for vegetarians. They help in improving energy levels, supporting digestion, and maintaining heart health.

#### **□ Packaging:**

- Hygienically packed 1Kg bag



- Airtight and moisture-resistant to preserve freshness

### □ **Keywords to Target (SEO):**

Red Split Lentils 1Kg, Masoor Dal 1Kg, Buy Masoor Dal Online, Swastik Lentils, Protein-Rich Dal, Healthy Indian Pulses, Unpolished Red Lentils

**Categories:** Lentile