

## ROAST&SALT CHANA 500GM JAR



Fuel your day with the nutritious crunch of **Swastik Roasted Salted Chana**



**500GM.** These roasted black gram (chana) kernels are lightly salted and roasted to perfection, making them a healthy, protein-rich snack that's perfect for anytime munching – without the guilt!

### **Swastik Roasted Salted Chana 500GM - High-Protein, Guilt-Free Crunchy Snack**

Fuel your day with the nutritious crunch of **Swastik Roasted Salted Chana**

**500GM.** These roasted black gram (chana) kernels are lightly salted and roasted to perfection, making them a healthy, protein-rich snack that's perfect for anytime munching – without the guilt!

#### **□ Key Features:**

- **100% Roasted & Salted Chana** – No frying, no added oil
- **High in Protein & Fiber** – Keeps you full and energized
- **Low in Fat, Zero Cholesterol** – A healthy alternative to fried snacks
- **Crunchy & Flavorful** – Just the right amount of salt
- **Hygienically Packed** – Freshness locked for longer shelf life

#### **□ Health Benefits:**

- Boosts energy and supports muscle recovery



- Promotes digestion and gut health
- Helps manage weight and cravings
- Suitable for diabetic and fitness-conscious diets

### □ **How to Enjoy:**

- Snack straight from the pack
- Add to bhel, chaat, or salads for extra crunch
- Carry as a travel or office snack

### □ **Pack Size: 500 Grams**

### □ **Brand: Swastik**

Choose **Swastik Roasted Salted Chana 500GM** – the wholesome snack that’s tasty, filling, and perfect for your active lifestyle.

**Categories:** Uncategorized