

SESAME SEEDS HULLED 200GM



Enjoy the natural richness of **Swastik Sesame Seeds Hulled 200GM**, carefully hulled to offer a soft texture, mild flavor, and pure white appearance. Ideal for



health-conscious kitchens, these sesame seeds are a powerhouse of essential nutrients packed in a convenient 200gm pack.

## **Swastik Sesame Seeds Hulled 200GM - Premium White Til for Everyday Nutrition**

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### □ **Key Features:**

- **100% Hulled & Pure White** – Smooth and easy to digest
- **Nutrient-Rich Super Seed** – Packed with calcium, iron, and healthy fats
- **Versatile Ingredient** – Perfect for tahini, sweets, bakery, salads & snacks
- **Hygienically Processed** – Cleaned and packed for freshness & safety
- **Convenient Pack Size** – Ideal for small households or daily use

### □ **Health Benefits:**

- Strengthens bones and boosts energy
- Improves skin and hair health



- Supports heart health and digestion
- Acts as a natural antioxidant source

#### ☐ **Usage Ideas:**

- Blend into tahini, hummus, or dressings
- Sprinkle on toast, cookies, or desserts
- Use in Indian sweets like til ladoo or chikki

#### ☐ **Pack Size: 200 Grams**

#### ☐ **Brand: Swastik**

Choose **Swastik Sesame Seeds Hulled 200GM** for a nutritious boost to your everyday meals — small pack, big health benefits.

**Categories:** Whole Spices