

SESAME SEEDS HULLED 500GM



Elevate your cooking and boost your health with **Swastik Sesame Seeds Hulled**



500GM – naturally processed, delicately hulled, and loaded with essential nutrients. These white sesame seeds are cleaned and hulled to remove the outer skin, offering a softer texture, lighter color, and more versatile flavor.

Swastik Sesame Seeds Hulled 500GM - Pure, White & Nutrient-Dense Superfood

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□ Key Features:

- **100% Hulled & Refined** – Smooth texture and mild taste
- **Whiter, Cleaner & More Nutritious** – Ideal for gourmet recipes
- **Rich in Protein, Calcium & Iron** – Natural health booster
- **Multipurpose Use** – Perfect for tahini, baking, sweets, and seasoning
- **Freshly Packed** – Ensures purity, hygiene, and extended shelf life

□ Health Benefits:

- Supports bone health and immunity



- Aids in skin and hair nourishment
- Packed with antioxidants and good fats
- Helps maintain cholesterol levels naturally

□ **How to Use:**

- Use in tahini paste, hummus, or salad dressings
- Sprinkle on bread, cookies, or baked goods
- Add to Indian sweets like til chikki and tilpatti

□ **Pack Size: 500 Grams**

□ **Brand: Swastik**

Bring home the trusted quality of **Swastik Sesame Seeds Hulled 500GM** and add a clean, nutty richness to every dish.

Categories: Whole Spices