



SPLIT URAD DAL (WHITE) 2KG



Cook healthy and delicious meals with **Swastik Urad Dal Split 2Kg**, made from premium-quality white urad dal that is split and skinless. Rich in protein and



essential nutrients, this dal is ideal for making fluffy idlis, crispy dosas, creamy dals, and South Indian specialties.

Swastik Urad Dal Split - 2Kg Pack

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□ Key Features:

- **Top-grade skinless split white Urad Dal**
- **100% natural, unpolished, and free from additives**
- **High in plant-based protein, fiber, calcium, and iron**
- **Quick-cooking with soft texture and mild flavor**
- **Ideal for idli, dosa, medu vada, and daily dal recipes**

□ Health Benefits:

Swastik Urad Dal Split supports a **high-protein vegetarian diet**, aiding in muscle repair, bone strength, and digestive wellness. It is low in fat, making it suitable for weight management and heart-healthy diets.



□ **Packaging:**

- Hygienic 2Kg airtight and moisture-resistant bag
- Long shelf life and freshness guaranteed

□ **Keywords to Target (SEO):**

Urad Dal Split 2Kg, Buy White Urad Dal Online, Skinless Split Urad Dal, Swastik Urad Dal, Unpolished Protein-Rich Pulses, Dosa and Idli Dal, Healthy Indian Dal for Cooking

Categories: Lentile