

ROASTED CHANA WHOLE 500G



Key Features:

- **Premium Quality:** Made from carefully selected chickpeas, roasted to perfection.
- **Crunchy and Flavorful:** Offers a delightful crunch with a naturally nutty flavor.
- **Nutrient-Rich:** High in protein, fiber, and essential vitamins and minerals.
- **Healthy Snack:** Low in calories and free from artificial additives.

- **Versatile Use:** Enjoy as a snack, mix with salads, or use in recipes for added texture.

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Health Benefits:

1. **High Protein Content:** Supports muscle growth and repair, making it great for active lifestyles.
2. **Rich in Fiber:** Aids digestion and promotes a feeling of fullness.
3. **Low Calorie:** Ideal for weight management and healthy snacking.
4. **Heart Healthy:** Contains beneficial nutrients like magnesium and potassium.

Serving Suggestions:

- **As a Snack:** Eat plain or lightly sprinkle with salt and spices for extra flavor.
- **In Recipes:** Add to salads, bhel, or chaat for a crunchy texture.
- **Travel Companion:** A convenient, mess-free snack for journeys or office breaks.
- **With Tea:** Pair with a hot cup of tea or coffee for a classic Indian snack experience.



Packaging and Storage:

- **Pack Size:** 500g, perfect for individuals and families alike.
- **Storage Instructions:** Store in a cool, dry place in an airtight container to maintain freshness and crunch.

Why Choose Swastik Roasted Chana Whole?

Swastik Roasted Chana Whole is a perfect balance of taste and nutrition, making it a must-have for health-conscious individuals. Whether you're looking for a quick energy boost or a healthy addition to your meals, it's the ideal choice.

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Categories: Snacks