

# **Swastik Sharbati Chakki Flour 1Kg**



# **Product Description**

# **Key Features:**

- **Stone-Milled for Authenticity:** Ground using traditional chakki (stone mill) to preserve the texture and nutrients.
- 100% Whole Wheat: Made from premium quality whole wheat, ensuring all the bran and germ are retained for extra nutrition.



- Natural and Pure: Free from additives, preservatives, and artificial colors.
- **Ideal for Indian Cuisine:** Perfect for making soft rotis, parathas, puris, and other traditional Indian breads.
- **Rich in Fiber and Nutrients:** Packed with natural fiber, vitamins, and minerals for a wholesome diet.

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#### **Health Benefits:**

- 1. **High in Fiber:** Supports digestion and helps regulate blood sugar levels.
- 2. **Rich in Nutrients:** Retains the wheat germ, providing essential vitamins like B vitamins and minerals.
- 3. **Energy Boosting:** A great source of complex carbohydrates for sustained energy throughout the day.
- 4. **Heart Healthy:** Whole wheat is known to support heart health by reducing cholesterol levels.

## **Usage Suggestions:**

- For Rotis and Parathas: Make soft, delicious rotis and parathas that are perfect with your favorite curries.
- For Breads and Naans: Use in baking to create homemade bread or naans.



- For Dosas and Idlis: Use as a base for dosa or idli batter for extra texture.
- In Sweets: Ideal for preparing traditional Indian sweets like halwa, ladoos, and more.

## **Packaging and Storage:**

- Pack Size: 1kg, perfect for small households or occasional use.
- **Storage Instructions:** Store in a cool, dry place in an airtight container to retain freshness and prevent moisture absorption.

### Why Choose Swastik Shabarmati Chakki Flour?

Swastik Shabarmati Chakki Flour combines tradition with quality, providing you with a premium flour that enhances the flavor and texture of your dishes. Its natural, stone-ground milling process ensures you get all the benefits of whole wheat in every bite.

Categories: Flour