

SPLIT URDA DAL (WITH SKIN) 1KG



Cook delicious, protein-rich Indian meals with **Swastik Urad Dal Chilka 1Kg**, also



known as split black gram with skin. This nutrient-dense dal is ideal for preparing hearty dishes like dal makhani, dosa batter, khichdi, and traditional curries.

Swastik Urad Dal Chilka - 1Kg Pack

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□ Key Features:

- **Premium quality Urad Dal Chilka (split with skin)**
- **100% natural, unpolished & chemical-free**
- **High in protein, calcium, iron & fiber**
- **Adds earthy flavor and rich texture to recipes**
- **Quick to cook and easy to digest**

□ Health Benefits:

Swastik Urad Dal Chilka is packed with **plant protein and essential minerals** that support muscle health, digestion, and bone strength. It's a great addition to vegetarian and diabetic-friendly diets.

□ Packaging:



- Hygienically packed in a 1Kg airtight, moisture-proof bag
- Ensures long shelf life and freshness

□ **Keywords to Target (SEO):**

Urad Dal Chilka 1Kg, Split Black Gram with Skin, Buy Urad Chilka Dal Online, Swastik Urad Dal, Protein Rich Pulses, Healthy Indian Lentils, Dal for Dosa & Dal Makhani

Categories: Lentile