



SPLIT URDA DAL (WITH SKIN) 1KG



Cook delicious, protein-rich Indian meals with **Swastik Urad Dal Chilka 1Kg**, also known as split black gram with skin. This nutrient-dense dal is ideal for preparing



hearty dishes like dal makhani, dosa batter, khichdi, and traditional curries.

### **Swastik Urad Dal Chilka - 1Kg Pack**

Cook delicious, protein-rich Indian meals with **Swastik Urad Dal Chilka 1Kg**, also known as split black gram with skin. This nutrient-dense dal is ideal for preparing hearty dishes like dal makhani, dosa batter, khichdi, and traditional curries.

#### **□ Key Features:**

- **Premium quality Urad Dal Chilka (split with skin)**
- **100% natural, unpolished & chemical-free**
- **High in protein, calcium, iron & fiber**
- **Adds earthy flavor and rich texture to recipes**
- **Quick to cook and easy to digest**

#### **□ Health Benefits:**

Swastik Urad Dal Chilka is packed with **plant protein and essential minerals** that support muscle health, digestion, and bone strength. It's a great addition to vegetarian and diabetic-friendly diets.

#### **□ Packaging:**

- Hygienically packed in a 1Kg airtight, moisture-proof bag



- Ensures long shelf life and freshness

### □ **Keywords to Target (SEO):**

Urad Dal Chilka 1Kg, Split Black Gram with Skin, Buy Urad Chilka Dal Online, Swastik Urad Dal, Protein Rich Pulses, Healthy Indian Lentils, Dal for Dosa & Dal Makhani

**Categories:** Lentile