

## URAD GOT 1KG



Experience purity and taste with **Swastik Urad Gota 1Kg**, made from

premium-quality whole white urad (black gram without skin). Ideal for traditional Indian dishes like dal makhani, vadas, idli, dosa batter, and papads, this nutrient-rich pulse offers both flavor and nourishment.

### **Swastik Urad Gota White - 1Kg Pack**

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#### **□ Key Features:**

- **Whole white Urad Gota (dehusked black gram)**
- **100% natural, unpolished & free from additives**
- **Rich in protein, calcium, magnesium & dietary fiber**
- **Perfect for vada, papad, dosa, idli & rich dals**
- **Cooks to a creamy, smooth texture**

#### **□ Health Benefits:**

Swastik Urad Gota is a great source of **plant-based protein** that helps in maintaining energy, muscle mass, and bone health. It also promotes better digestion and is a staple for balanced vegetarian diets.

## □ **Packaging:**

- Hygienic and airtight 1Kg pack
- Moisture-resistant packaging to retain freshness and quality

## □ **Keywords to Target (SEO):**

Urad Gota White 1Kg, Buy Whole White Urad Dal Online, Swastik Urad Gota, Unpolished Urad Dal, Dal for Vada and Papad, High Protein Pulses, Indian Whole Lentils

**Categories:** Lentile