

URAD GOTA 2KG





Product Description

Bring home purity, nutrition, and authentic flavor with **Swastik Urad White Gota 2Kg**, made from premium-quality whole dehusked black gram. Also known as whole white urad dal, this versatile pulse is a kitchen essential for preparing soft idlis, crispy vadas, papads, and rich dals.

Swastik Urad White Gota - 2Kg Pack

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☐ Key Features:

- Whole white Urad Gota (dehusked black gram)
- 100% natural, unpolished & preservative-free
- Excellent source of protein, iron, calcium & fiber
- Cooks to a creamy consistency with rich texture
- Ideal for vada, dosa, idli, papad & dal recipes

☐ Health Benefits:

Swastik Urad White Gota is rich in **plant-based protein** and essential minerals that support



energy levels, digestion, and bone strength. It's perfect for vegetarian and high-protein diets.

□ Packaging:

- Hygienic and durable 2Kg pack
- Airtight & moisture-resistant to maintain freshness

☐ Keywords to Target (SEO):

Urad Gota 2Kg, White Urad Dal Whole, Buy Urad White Gota Online, Swastik Whole Urad Dal, Protein-Rich Indian Pulses, Dal for Vada Papad Dosa, Unpolished Whole Dal

Categories: Lentile