

VAL DAL 1KG



Add a traditional touch to your meals with **Swastik Val Dal 1Kg**, made from



premium-quality split field beans (also known as **Split Hyacinth Beans** or **Indian Broad Beans**). A staple in Maharashtrian and Gujarati kitchens, this dal brings rich flavor, aroma, and nutrition to your everyday recipes.

Swastik Val Dal - 1Kg Pack

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□ Key Features:

- **High-quality split Val Dal (Field Beans)**
- **100% natural, unpolished, and preservative-free**
- **Rich in protein, fiber, calcium & iron**
- **Mild nutty flavor and soft texture when cooked**
- **Perfect for curries, usal, dal fry & traditional dishes**

□ Health Benefits:

Swastik Val Dal supports a healthy digestive system and provides sustained energy. It's loaded with **plant-based protein**, making it a smart choice for vegetarian diets and balanced meals.



□ **Packaging:**

- Neatly packed in a hygienic 1Kg moisture-resistant bag
- Ensures freshness, aroma, and long shelf life

□ **Keywords to Target (SEO):**

Val Dal 1Kg, Buy Val Dal Online, Swastik Field Beans, Indian Broad Beans Split, High Protein Dal, Traditional Gujarati Dal, Healthy Unpolished Pulses

Categories: Lentile