

VAL SURTI 1KG



Swastik Surti Vaal, also known as **field beans** or **hyacinth beans**, is a beloved

pulse in **Gujarati and Maharashtrian cuisine**, known for its **rich flavor, creamy texture**, and **nutritional value**. Sourced from quality harvests, these beans are ideal for preparing traditional dishes like **Vaal nu Shaak, Vaal ni Dar, Usal**, and **Vaal pulao**.

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Rich in **protein, fiber, and essential minerals**, this **1Kg pack** ensures a nutritious and flavorful addition to your daily meals.

Key Features:

- ☐ Premium-Quality Surti Vaal (Field Beans)
- ☐ High in Protein, Fiber & Essential Nutrients
- ☐ Ideal for Traditional Recipes like Vaal nu Shaak & Usal
- ☐ Unpolished, Naturally Processed & Easy to Cook
- ☐ Hygienically Cleaned & Packed for Freshness

Categories: Lentile